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The purpose of this document is to communicate a sense of my competencies in various outdoor pursuits. I have excellent rock climbing and mountaineering skills. My whitewater skills are rusty, but I have significant experience in paddle rafts, hardshell kayaks, and inflatable kayaks. I have minimal sea kayaking and sailing skills. I am a former competitive mountain biker and snowboarder. Three years ago I made the switch to telemark skiing and have been learning slowly.

I have not pursued many certifications. I have taken the AMGA Advanced Rock Guide Course and intend to gain certification in Spring of 2010. The idea of IFMGA certification is intriguing, but I need to improve my ability to guide skiing. I hold a WFR certification through WMI, a LNT Master Educator certification, AIARE Avalanche 1 and 2 certifications, and a CPR certification.

Climbing Summary

I consider myself primarily an alpine climber, but I have a love for all different types of climbing. I typically on-sight 5.11 crack and face climbs and can redpoint higher. I have climbed up to WI 6, M8, and am comfortable on steep snow. I have an appreciation for snow mountaineering routes but prefer rock. I have completed snow mountaineering routes in Peru, Argentina, Alaska, and the Lower 48. I have been above 18,000 feet several times and find it challenging! Here is an abbreviated collection of the grade IV, V, and VI climbs I've done. I selected these climbs because they demonstrate a breadth mediums; frontcountry and alpine, aid and free, granite and sandstone. Some of these were climbed as a guide.

Grade IV

High Sierra: Mt. Russell – Mithral Dihedral (IV, 5.10a)
High Sierra: Mt. Conness – Southwest Face (IV, 5.10c)
Canyonlands: Moses – Primrose Dihedrals (IV, 5.11c)
Fisher Towers: Kingfisher Tower – Colorado Northeast Ridge (IV, 5.8 C2)
Fisher Towers: Echo Tower – Phantom Sprint (IV, 5.9, C3)
Greenland: Fox Jaw Cirque – Left Rabbit Ear (IV, 5.10)
Red Rocks: Oak Creek Canyon – Black Orpheus (IV-, 5.10a) 3 times
Red Rocks: Black Velvet Canyon – Epinephrine (IV, 5.9) 2 times
Red Rocks: Eagle Wall – Eagle Dance (IV, 5.10c)
Red Rocks: Eagle Wall – Levitation 29 (IV, 5.11c)
Red Rocks: Mt. Wilson – Inti Wantana (IV, 5.10c)
Ruth Gorge: The Stump – Goldfinger (IV, 5.11)
Ruth Gorge: Hut Tower – Southwest Face (IV, 5.10c)
Tetons: Cathedral Buttress – Caveat Emptor (IV, 5.10c)
Tetons: Cathedral Buttress – The Snazette (IV, 5.10)
Wind Rivers: Ra Mountain – Collins Route (IV, 5.10a)
Wind Rivers: Gannet Cirque – Triple Traverse (IV, 5.8)
Wind Rivers: Spider Peak – Northeast Face (IV, 5.9)
Wind Rivers: Mt. Helen – Tower One Couloir (IV, WI 3)
Wind Rivers: Warbonnet – Black Elk (IV, 5.11)
Wind Rivers: Pingora – Northeast Face (IV, 5.9)

Comment

Best high-country hand crack ever!
Quite a day...off-widths are hard
Best summit ever...w/ Scott S.
Good day off from the program
Solo
First ascent
Quick route
Faster with Nick
Climbed Black Orpheus earlier
Good one with Lauren
Nick led the crux
This is a long route!
Super mellow, really pretty
Started at 11 a.m.
Mellow and cruiser
Guided; Nice route.
Guided this with two students
Guided; Loose blocks all over
Nice!
Maybe the best climb ever
In 3.5 hours

Wind Rivers: Ellingwood Peak – North Ridge (IV, 5.6) 2 times	This is a long climb!
Yosemite: Higher Cathedral Rock – Northeast Buttress (IV, 5.10a)	Burliness
Yosemite: El Capitan – East Buttress (IV, 5.10b) 3 times	Cruiser
Yosemite: Royal Arches – Serenity and Sons (IV, 5.10d)	Awesome! With Andy and Kate
Yosemite: El Capitan – Nose to Dolt Tower (IV, 5.10, C1)	The whole thing tomorrow
Yosemite: El Capitan – Nose to El Cap Ledge (IV, 5.10, C1)	Bailed because of drizzle
Yosemite: Middle Cathedral – East Buttress (IV, 5.10c) 2 times	Snowy on the descent
Zion: Cerebrus Gendarme – Touchstone Wall (IV, 5.9, C2)	Third wall in three days
Zion: Paria Point – Sunlight Buttress (IV 5.11, A0)	Fell a lot
Zion: Leaning Wall – Spaceshot (IV 5.10 C2)	Solo; six hours
Zion: Monkeyfinger Wall (IV, 5.12a)	Another happy day

Grade V

Fisher Towers: Finger of Fate (V, 5.9, A2)	Solo in a day
Greenland: Fox Jaw Cirque – Natural Mystic (V, 5.10)	First Ascent
Greenland: Fox Jaw Cirque – Beers in Paradise (V, 5.10+, A0)	First Ascent
Red Rocks: Mt. Wilson – Resolution Arête (V, 5.10, A0)	Eight hours
Yosemite: Liberty Cap – Southwest Face (V, 5.10, C3)	I fell four times
Yosemite: Leaning Tower – West Face (V, 5.8, C2)	Two days...slow
Yosemite: Washington Column – South Face (V, 5.10, C1)	With Steven...led all pitches
Yosemite: Washington Column – Skull Queen (V, 5.8, C2+)	With Nick
Zion: Desert Shield (V, 5.11, C3)	Solo
Zion: Mt. Isaac – Tricks of the Trade (V, 5.11a, C2)	Made it 15 pitches
Zion: Moonlight Buttress – Lowe/Weiss Route (V, 5.10, C1)	Second wall of three in three days
Zion: Moonlight Buttress – Sheer Lunacy (V, 5.9, C2)	First wall of three in three days
Zion: Angel's Landing – Prodigal Son (V, 5.8, C2)	First wall ever

Grade VI

Yosemite: Half Dome – Regular Northwest Face (VI, 5.9, C1)	Solo
Yosemite: Half Dome – Regular Northwest Face (VI, 5.9, C1)	In a day
Yosemite: El Capitan – The Nose (VI, 5.10, C2)	In a day
Yosemite: El Capitan – Lurking Fear (VI, 5.10, C2)	In a day; open bivy in snow on top

Water Summary

I have considerably less experience on water than on rock and snow. I have between 250-300 days experience on whitewater rivers. I love the intensity of whitewater boating and the beauty of flatwater paddling. I have instructed hardshell kayaking, inflatable kayaking, rafting (both paddle rafts and oar rigs), and sea kayaking. If I am offered a position at Green Mountain College, I look forward to having quick access to great boating. I've missed this since being in Utah.

California

North Fork of the Trinity River (III+)	Over 15 times; hardshell kayak, inflatable kayak, paddle raft
Upper Sacramento (IV-)	Several times; hardshell kayak; paddle raft
Butte Creek (II-III)	Over 10 times; hardshell kayak and inflatable kayak
Klamath River (III)	Scott river to Green riffle; hardshell kayak
Main Fork of the Eel (III)	Dos Rios to Elder Point
North Fork of the Feather	Several different runs; paddle raft, hardshell kayak
Yuba River (III)	Englebright dam to Highway 20
South Fork of the American (III)	Several different runs; hardshell kayak, paddle raft, inflatable kayak
North Fork of the American (III+)	Ponderosa way run; hardshell kayak
Middle Fork of the American (III+)	Greenwood ridge to Mammoth Bar; hardshell kayak

Oregon

North Santiam (IV)	Niagara run; hardshell kayak
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Deschutes River (III-IV)	Many different runs; hardshell kayak, paddle raft, oar boat
McKenzie River (III)	Several different runs
Metolius River (III)	Inflatable kayak

Washington

White Salmon (IV)	Farmlands run
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Utah

Green River (III)	Lodore and Desolation Canyons; kayak, oar boat, paddle raft
Colorado River (III+)	Westwater run three times; hardshell kayak; oar boat

Idaho

Salmon River, Idaho (III+)	Pine Creek run several times; hardshell kayak, paddle raft
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Wyoming

Snake River (II)	Jackson lake dam to Moose
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Other

I have paddled about 500 miles in a sea kayak, although never on a personal trip. Trips were always in lakes or sheltered bays with minimal objective hazard. I am an experienced backcountry snowboarder who recently made the transition to telemark skiing. I have AIARE Avalanche 1 and 2 certifications. I was a competitive mountain and road bike racer for many years. In 1999, I completed a 62-day off-road mountain bike expedition from Mexico to Canada along the continental divide. I have completed eight bicycle tours of more than 300 miles. I began backpacking at the age of five with a trip into the Marble Mountains. I have backpacked many miles in remote locations. My junior year in high school I traversed the Trinity Alps and Marble Mountains solo. I was a member of Lake County Search and Rescue when I lived in Leadville.

Summary of NOLS Courses

Most of the expedition-length outdoor education courses I have taught have been as a NOLS instructor. I have enjoyed working for NOLS a great deal and have a tremendous amount of respect for their program. In summer of 2008, I worked as a program supervisor out of the NOLS Teton Valley branch while gathering data for my dissertation. I have been recognized with a merit award four times (the award goes to the top ten percent of staff in any given season).

Course	Branch	Role	Year
1. Alaska Instructor Course	Alaska	Student	2002
2. Alaska Wilderness Course	Alaska	Instructor	2002
3. Idaho Adventure Course	Teton Valley	Patrol Leader	2002
4. Wind River Mountaineering Section	Rocky Mountain	Instructor	2002
5. Cochise Climbing Camp	Southwest	Instructor	2002
6. North Cascades Wilderness Course	Pacific NW	Patrol Leader	2003
7. Wind River Back Country Rock Camp	Rocky Mountain	Patrol Leader	2003
8. House Range Rock Camp	Rocky Mountain	Patrol Leader	2003
9. House Range Rock Camp	Rocky Mountain	Patrol Leader	2004
10. Absaroka Wilderness Course	Rocky Mountain	Patrol Leader	2004
11. Devils Tower/Needles Rock Camp	Rocky Mountain	Patrol Leader	2004
12. Green River Raft/Kayak Course	Vernal	Instructor	2004
13. House Range Rock Camp	Rocky Mountain	Course Leader	2004
14. Southwest Outdoor Educator Course	Southwest	Patrol Leader	2005
15. Alumni Cochise Climbing Camp	Southwest	Patrol Leader	2005
16. Instructor Course Rock Camp	Rocky Mountain	Patrol Leader	2005

17. Idaho Wilderness Course	Teton Valley	Course Leader	2005
18. Wind River Backcountry Rock Camp	Rocky Mountain	Course Leader	2005
19. Instructor Course Rock Camp	Rocky Mountain	Course Leader	2006
20. Wind River Mountaineering Course	Rocky Mountain	Course Leader	2006
21. Wind River Backcountry Rock Camp	Rocky Mountain	Course Leader	2006
22. Instructor Course Rock Camp	Rocky Mountain	Course Leader	2007
23. Idaho Adventure Course	Teton Valley	Course Leader	2007
24. Wind River Mountaineering Seminar	Rocky Mountain	Patrol Leader	2008
25. Patagonia Rock Camp	Patagonia	Course Leader	2009
26. Patagonia Rock Camp	Patagonia	Course Leader	2009
27. Instructor Course Rock Camp	Rocky Mountain	Course Leader	2009
28. Alaska Mountaineering	Alaska	Patrol Leader	2010
29. Alaska Mountaineering	Alaska	Patrol Leader	2010